

Week 6

## #28 Do you have the right mindset?

**Skills/ Objectives: Reading and Writing**

### PART 1: Before you read...

#### Preparatory questions

1. How do you react when you face a difficult learning situation?
2. Do you find learning English language challenging? Enjoyable? Fulfilling? In what way?

#### Vocabulary

1. Attempt (noun): the act of trying to do something difficult
2. Psychologist (noun): someone who studies human minds and behaviours
3. Vulnerable (adjective): weak and easy to hurt physically and/or mentally
4. Persevere (verb): continue doing something difficult and challenging
5. Underperform (verb): to be less successful

### PART 2: Article

This article explores how people's attitudes affect their learning.

**Do you have the right mindset?** (*click the link read the article*)

<https://learnenglishteens.britishcouncil.org/skills/reading/advanced-c1-reading/do-you-have-right-mindset>

(Source: British Council)

### PART 3: Let's discuss!

1. What have you learnt from the article about learning?
2. How do you usually react in a difficult learning situation? What is it? Have you thought of any strategy to help you learn better?
3. Do you think that having a right mindset is important to our learning? Why? Why not?

#### **PART 4: Writing**

Try to write a brief reflection on your English learning experience. You may use the following questions to help you:

1. What is your most pleasant memory as a language learner? When did that happen? Please describe.
2. What is your most unpleasant memory as a language learner? When did that happen? Please describe.
3. As a language learner, who has been the most influential person? What personal or family incidents have affected you most in your English learning?
4. What tools do you use to help you learn English? How and why do you use them? Please give examples.
5. Among the four areas (i.e., listening, speaking, reading and writing) in English, what is the most needed and important area for you?

#### **PART 5: Learn further**

##### **1. 10 mistakes made by learners of English**

This article discusses 10 common mistakes made by English language learners.

<https://blog.oxforddictionaries.com/2017/01/09/mistakes-learning-english/>

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